OCTOBER LUNCH MENU

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MONDAY	**Breakfast:** Pancakes **Lunch:** Chicken/ Cheese Sandwich Green Peas Mixed Fruit Water/Milk	**Breakfast:** Pancakes **Lunch:** Mini Turkey Corn Dogs/Veggie Patty Broccoli Mixed Fruit Milk/Water	**Breakfast:** Yogurt **Lunch:** Cheese Quesadilla Veggie Straws Pineapple Milk/Water	**Breakfast:** Pancakes **Lunch:** French Toast Green Beans Mixed Fruit Milk/water	**Breakfast:** Yogurt **Lunch:** Vegetable Fried Rice Spring Rolls Blueberries Milk/Water
TUESDAY	**Breakfast:** Waffles **Lunch:** Vegetable Fried Rice Spring Rolls Blueberries Milk/Water	**Breakfast:** Yogurt **Lunch:** Bosco Sticks Carrot Slices Pineapple Milk/Water	**Breakfast:** Pancakes **Lunch:** Mini Turkey Corn Dogs/Veggie Patty Broccoli Mixed Fruit Milk/Water	**Breakfast:** Yogurt **Lunch:** Turkey Meatballs w/Marinara Sauce Corn Oranges Water/Milk	**Breakfast:** Pancakes **Lunch:** Chicken Nuggets Corn Apple Sauce Water/Milk
WEDNESDAY	**Breakfast:** Yogurt **Lunch:** Pizza Beans Peaches Milk/Water	**Breakfast:** Pancakes **Lunch:** Chicken Nuggets/Veggie Nuggets Broccoli Apple Sauce Water/Milk	**Breakfast:** Yogurt **Lunch:** Mac& Cheese Peaches Corn Milk/Water	**Breakfast:** Pancakes **Lunch:** Mac & Cheese Peas Peaches Milk/Water	**Breakfast:** Yogurt **Lunch:** Pizza Rolls Beans Peaches Milk/Water
THURSDAY	**Breakfast:** Pancakes **Lunch:** Cheese Quesadilla Veggie Straws Pineapple Milk/Water	**Breakfast:** Yogurt **Lunch:** Chicken/ Cheese Sandwich Green Peas Mixed Fruit Water/Milk	**Breakfast:** Waffles **Lunch:** Chicken Nuggets Peas Blueberries Milk/Water	**Breakfast:** Yogurt **Lunch:** Fish Sticks/Bosco Sticks Veggie Straws Blueberries Water/Milk	**Breakfast:** Waffles **Lunch:** Chicken/ Cheese Sandwich Green Peas Mixed Fruit Water/Milk
FRIDAY	**Breakfast:** Yogurt **Lunch:** Turkey Meatballs w/Marinara Sauce Corn Oranges Water/Milk	**Breakfast:** Waffles **Lunch:** Pizza Rolls Beans Peaches Milk/Water	**Breakfast:** Pancakes **Lunch:** Pizza Rolls Broccoli Oranges Milk/Water	**Breakfast:** Waffles **Lunch:** Chicken Nuggets/Veggie Nuggets Broccoli Apple Sauce Water/Milk	**Breakfast:** Pancakes **Lunch:** Bosco Sticks Carrot Slices Pineapple Milk/Water

OCTOBER SNACK MENU

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MONDAY	**AM** – Graham crackers **PM** – Yogurt pouches	**AM** – Nutri Bar **PM** – Goldfish	**AM** – Bagel & Cream Cheese **PM** – Tortilla Chips	**AM** – Croissants **PM** – Cheeze it	**AM** – Vanilla Yogurt **PM** -- Crackers & Sliced Cheese
TUESDAY	**AM** – Yogurt Pouch **PM** – Tortilla Chips	**AM** – Bagel & Cream Cheese **PM** – Crackers & Sliced Cheese	**AM** – Cheese sticks **PM** – Goldfish	**AM** – Blueberries **PM** – Vanilla Wafers	**AM** – Apples **PM** – Butter Crackers
WEDNESDAY	**AM** – Nutri Bar **PM** – Goldfish	**AM** – Apples **PM** – Banana Muffin	**AM** – Animal Crackers **PM** – Ritz Crackers	**AM** – Chex mix **PM** -- Crackers & Sliced Cheese	**AM** – Bananas **PM** – Blueberry Muffins
THURSDAY	**AM** – Cheese sticks **PM** – Ritz Crackers	**AM** – Graham crackers **PM** – Yogurt pouches	**AM** – Yogurt Pouch **PM** – Tortilla Chips	**AM** – Animal Crackers **PM** – Apple sauce pouches	**AM** – Chex Mix **PM** -- Ritz Crackers
FRIDAY	**AM** – Veggie Straws **PM** – Pretzels	**AM** – Vanilla Wafers **PM** – Cheese sticks	**AM** – Veggie Straws **PM** – Pretzels	**AM** – Tortilla Chips **PM** – Fruit Strips	**AM** – Goldfish **PM** – Pretzels